

# Financial Implications of Screening and Intervening



CITIZENS  
HEALTH  
INITIATIVE

# Panel

- ***Facilitator: Jeanne Ryer, MS, Director, NH Citizens Health Initiative***
- ***Presenters: Richard L. Brown, MD, MPH, Family Physician and Professor of Family Medicine and Community Health, Department of Family Medicine, School of Medicine and Public Health, University of Wisconsin***
- ***Lisa Lamont, Provider Relations Consultant, Well Sense Health Plan***
- ***Steven Korn, MD, Behavioral Health Medical Director, NE Region, Anthem, Inc.***
- ***Bill Sweeney, MBA, Chief Financial Officer, Mid-State Health Center***

# How We Got Here

- NH Citizens Health Initiative Behavioral Health Integration Learning Collaborative – funded by Endowment for Health & NHCF.
- Focusing on practice AND payment transformation for integrated behavioral health in primary care.
- Collaboration with and SBIRT training from CFEX.

# How We Got Here

- SBIRT Practice and **PAYMENT** emerge as a shared concern of providers and payers.
- Facilitated conversation at June BHI Learning Collaborative meeting.
- Follow-up will continue in Year of Learning Collaborative.

# Current State: Substance Use + SBIRT\*

NH Health Protection Program Substance Use Disorder Service Benefit (only for NH HPP beneficiaries NOT traditional Medicaid)<sup>1</sup>

Description	Code	Charge
<b>Screening</b>		
Screening by Behavioral Health practitioners <sup>2</sup>	H0049	\$65.01
S•BI•RT 15-30 minutes	99408	\$37.33
S•BI•RT >30 minutes	99409	\$71.64
<b>Individual Counseling</b>		
	H0004	
30 minutes	U1	\$65.01
45 minutes	U2	\$86.18
60 minutes	U3	\$112.96
<b>Family Counseling</b>		
Without patient present	H0047-HS	\$104.58
With patient present	H0047-HR	\$107.79
<b>Group Counseling</b>		
	H0005	\$26.59 <sup>3</sup>

**Additional Notes:**

- Code G0442 is an annual benefit so at least 11 months must pass between services.
- Both screening and counseling services have time elements of 15 minutes, so documentation should include duration of visit as well as screening or counseling notes.
- Counseling for alcohol misuse must be based on the Five As (Assess, Advise, Agree, Assist, and Arrange), so be sure your documentation reflects this.
- The alcohol screening and counseling services are payable with another visit on the same day (e.g., office visit for other problems), except for the Initial Preventive Physical Exam ("Welcome to Medicare" physical).
- Medicare allows payment for both G0442 and G0443 on the same date (except in rural health clinics and FQHCs), but will not pay for more than one G0443 service on the same date.
- These services are not subject to deductible or co-insurance.

Reference Sheet: Private Insurance Billing and Code Sheet

Type of Visit	CPT Codes	Patient Status	Additional Notes
Preventive	99401 – 99404 & 99420		
Evaluation & Management (E & M)	99201 – 99205	New Patients	CPT Up Coding: Providers who devote more than half of a visit counseling a patient about their alcohol or drug use may use the E & M codes for office and other outpatient services (99210-99215), with appropriate documentation of services provided in the clinical record. <sup>4</sup>
	99211 – 99215	Established Patients	

Major Carrier #1: 44 NH SBIRT billings/year

Major Carrier #2: 75 NH SBIRT billings/year

\*Screening, Brief Intervention, Referral to Treatment

Source: Center for Excellence, JSI/Community Health Institute, <http://www.sbirtnh.org/>



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# SBIRT - Anthem

# Screening Codes

Anthem reimburses for these screenings and brief interventions via the following codes:

<b>G0396 /99408</b>	Alcohol and/or substance (other than tobacco) abuse structured assessment (e.g., AUDIT, DAST), and brief intervention 15 to 30 minutes
<b>G0397 / 99409</b>	Alcohol and/or substance (other than tobacco) abuse structured assessment (e.g., AUDIT, DAST), and brief intervention, greater than 30 minutes
<b>G0442</b>	Annual alcohol misuse screening. 15 minutes
<b>G0443</b>	Brief face-to-face behavioral counseling for alcohol misuse. 15 minutes

Brief substance use screening tools can be found at [www.anthem.com/](http://www.anthem.com/) NH / Anthem BH/ BH Toolkit or at <http://www.integration.samhsa.gov/clinical-practice/screening-tools>



# SBIRT Codes - NH

- Anthem claims data shows that SBIRT is underutilized as a procedure in NH.

2014 Visits		NH
G0396/ 99408	Alcohol and/or substance abuse structured assessment and brief intervention 15 to 30 minutes	11
G0397/ 99409	Alcohol and/or substance abuse structured assessment and brief intervention, greater than 30 minutes	13
G0442	Annual alcohol misuse screening. 15 minutes	12
G0443	Brief face-to-face behavioral counseling for alcohol misuse. 15 minutes	3
2015 Visits		NH
G0396/ 99408	Alcohol and/or substance abuse structured assessment and brief intervention 15 to 30 minutes	10
G0397/ 99409	Alcohol and/or substance abuse structured assessment and brief intervention, greater than 30 minutes	0
G0442	Annual alcohol misuse screening. 15 minutes	13
G0443	Brief face-to-face behavioral counseling for alcohol misuse. 15 minutes	0

# Substance Use Disorder Treatment Services – New in 2016

- Aware Recovery Care (ARC) – available in NH in October, 2016
- Live Free Recovery
- Intensive Outpatient Programs (IOP) – 8 new programs in Anthem network
- Tele-health counseling through Live Health Online