



THE OPIATE/OPIOID PUBLIC HEALTH CRISIS

Update on the State of New Hampshire's Comprehensive Response

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Governor

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Addiction and Behavioral Health

New Hampshire-Section 1115(a) Medicaid Waiver

On January 5, 2016, the Centers for Medicare & Medicaid Services, within the United States Department of Health and Human Services, approved for New Hampshire a Section 1115(a) Medicaid waiver, known as a Delivery System Reform Incentive Program (DSRIP) or “Building Capacity for Transformation” Waiver. This waiver will allow the State to invest \$150 million over five years to transform the State’s behavioral health delivery system in order to improve care and slow long-term growth in health care costs. **This financial incentive program will promote the innovative, sustainable, and systemic changes New Hampshire needs to help providers deliver better care for years to come. The goal is to provide better, more cost-effective support for people on Medicaid by building capacity, integrating care, and smoothing transitions in care.** This process will build capacity to deliver care for substance use disorders. Additional information can be found at: <http://www.dhhs.nh.gov/section-1115-waiver/index.htm>

Key Challenges

Significant challenges remain in meeting the needs of individuals with mental health and substance use disorders (SUD). Expansion of Medicaid to newly-eligible adults and of SUD benefits is a significant opportunity, but also places new demands on already overtaxed providers, underscoring the need for transformation.

Capacity Constraints

- Long wait lists:**
 - 2 - 10 weeks for residential treatment
 - 26 days for outpatient counseling
 - 49 days for outpatient counseling with prescribing authority
- Limited SUD treatment options:**
 - In 2014, 92 percent of NH adults with alcohol dependence or abuse did not receive treatment, and four out of 13 public health regions had no residential SUD treatment programs
 - 84% of NH adults with illicit drug dependent or abuse did not receive treatment
- Excess demand for beds:**
 - New Hampshire Hospital operates at 100% capacity
 - 2 out of 3 people admitted to NHH spend more than a day waiting in the ER before a bed is available

'Siloed' Behavioral and Physical Health

- Limited integration:**
 - A 2015 review of physical and behavioral health integration in NH by Cherokee Health Systems found "while there are certainly pockets of innovation...overall there remains room for further advancement"
- Workforce shortage:**
 - The Cherokee analysis highlighted an acute shortage in the workforce necessary for integrated care, including behaviorists with skills to work in the primary care setting

Gaps During Care Transitions

- Lack of follow-up care:**
 - Between 2007 and 2012, the percent of patients hospitalized for a MH disorder who received follow-up care within 30 days of release deteriorated from 78.8 to 72.8%
- Poor continuity:**
 - 48% of NH residents who leave a state correctional facility have parole revoked due to a substance use-related issue



Delivery System Reform Incentive Program (DSRIP) Waivers: The Basics

Using a Medicaid 1115 waiver, States fund networks of providers who meet metrics demonstrating improved patient outcomes and promoting delivery system reform.



DSRIP waivers are a key way to approach Medicaid delivery reform,
among many other reform initiatives



Overview of New Hampshire's DSRIP Waiver Program: *Building Capacity For Transformation*

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The waiver represents an unprecedented opportunity for New Hampshire to strengthen community-based mental health services, combat the opiate crisis, and drive delivery system reform.

Key Driver of Transformation



Integrated Delivery Networks : Transformation will be driven by regionally-based networks of physical and behavioral health providers as well as social service organizations that can address social determinants of health

Three Pathways

Improve care transitions

Promote integration of physical and behavioral health

Build mental health and substance use disorder treatment capacity

Funding Features



Menu of mandatory and optional community-driven projects



\$150 million in incentive payments over 5 years



Support for transition to alternative payment models



Funding for project planning and capacity building



Performance-based funding distribution



Do You Or Someone You Know Struggle With Addiction or Substance Use?

Have questions about what to do next?

Your Recovery Is Our Priority!

Call the NH Statewide Addiction Crisis Line

1-844-711-HELP

hope@keystonehall.org



Confidential Judgment-free 24 Hours a day 7 Days a week

Our trained counselors are here to listen and help you take the steps that are right for you. Counselors can also assist you in finding:

- Residential Treatment • Intensive Outpatient Program
 - Outpatient Therapy • Shelters • Support Groups
- Impaired Driver Programs • Emergency Room/Services
 - Mental Health/Substance Use Evaluations
 - Medication Assisted Treatment
- Transitional Housing • Sober Housing • Family Services
 - SUD Specialized Primary Health Care
- Recovery Support Services • Adolescent Services

Funded by



A program of





GRANITE PATHWAYS IS LAUNCHING

REGIONAL ACCESS POINT SERVICES

Granite Pathways is Launching Regional Access Point Services (RAPS)—an emerging statewide initiative which is critical to ensuring that NH residents who are suffering with Substance Use Disorder (SUD) receive the necessary services and support to address their healthcare needs.

RAPS will help individuals with SUD's navigate the continuum of care from Screening, Treatment Referral, Care Coordination, and Recovery Support Services.

Granite Pathways has knowledgeable and skilled staff who are connected to existing resources and providers throughout the state and can help residents access:

Screening

Treatment Referral

Case Management

Healthcare Navigation

Recovery Support

Family Support

Granite Pathways' skilled and sensitive staff will:

- Provide information and respond to client needs
- Provide telephone and in-person substance misuse screening
- Facilitate and coordinate referrals for evaluation, treatment and recovery support services
- Assist clients enrolling in health insurance and accessing community services
- Have access to case consultation services from licensed practitioners

The Work of Granite Pathways is supported by Fedcap Rehabilitation Services, Inc. a national nonprofit bringing technology, human resources and cutting edge programming to help people thrive in their communities.

GRANITE PATHWAYS will provide Regional Access Point Services in 11 Regions of the state including North Country, Central NH, Carroll County, Upper Valley, Winnepesaukee, Greater Sullivan, Greater Nashua, Capital Area, Strafford County, Seacoast, and South Central.

granitepathwaysnh.org

For further information please e-mail

info@granitepathways.org

As of October 31st, 2016 NH residents will be able to access RAPS trained staff by contacting the NH Statewide Addiction Crisis Line 1-844-711-HELP (4357)



New Hampshire's Prescription Drug Drop Box Initiative

Prescription drugs are often misused due to increased availability and easy access to a variety of unused medications in the home. Dispose extra, unwanted or expired prescription drugs safely and securely at a collection box located at a police department near you.

Visit your local police department to anonymously
discard of unused or unwanted medications!

45 recognized
drop boxes
have been
implemented
in police
departments
throughout
the state



Amherst Police Department
175 Amherst Street
Amherst, NH 03031

Auburn Police Department
55 Eaton Hill Road
Auburn, NH 03032

Bedford Police Department
55 Constitution Dr
Bedford, NH 03110

Belmont Police Department
14 Fuller St
Belmont, NH 03220

Bow Police Department
10 Grandview Road
Bow, NH 03304

Canaan Police Department
52 NH Route 118
Canaan, NH 03741

Concord Police Department
35 Green Street
Concord, NH 03301

Conway Police Department
35 East Conway Road
Center Conway, NH 03813

Derry Police Department
1 Municipal Drive
Derry, NH 03038

Durham Police Department
84 Dover Road
Durham, NH 03824

Enfield Police Department
19 Main Street
Enfield, NH 03748

Exeter Police Department
20 Court Street
Exeter, NH 03833

Franklin Police Department
5 Hancock Terrace
Franklin, NH 03235

Gilford Police Department
47 Cherry Valley Road
Gilford, NH 03249

Hanover Police Department
46 Lyme Road
Hanover, NH 03755

Haverhill Police Department
2975 Dartmouth College Highway
North Haverhill, NH 03774

Henniker Police Department
340 Old Routes 9 and 202
Henniker, NH 03242

Hinsdale Police Department
102 River Road
Hinsdale, NH 03451

Holla Police Department
9 Silver Lake Road
Holla, NH 03049

Hooksett Police Department
15 Legends Dr
Hooksett, NH 03104

Hudson Police Department
1 Constitution Drive
Hudson, NH 03051

Keene Police Department
400 Marlboro Road
Keene, NH 03431

Laconia Police Department
124 New Salem Street
Laconia, NH 03244

Langcaster Police Department
11 Mechanic Street
Langcaster, NH 03584

Lebanon Police Department
34 Poverty Lane
Lebanon, NH 03764

Lee Police Department
20 George Bennett Road
Lee, NH 03841

Uitchfield Police Department
2 Liberty Way
Uitchfield, NH 03082

Uttleton Police Department
2 Elmidge Lane
Uttleton, NH 03541

Londonderry Police Department
248 Merrimack Road
Londonderry, NH 03053

Manchester Police Department
405 Valley Street
Manchester, NH 03103

Merimack Police Department
31 Babcock Lake Road
Merimack, NH 03054

Moultonborough Police Department
1035 Wheeler Highway
Moultonborough, NH 03254

Nashua Police Department
0 Panther Drive
Nashua, NH 03042

Newington Police Department
71 Fox Point Road
Newington, NH 03801

Northfield Police Department
138 Park St
Northfield, NH 03274

North Hampton Police Department
233 Atlantic Ave
North Hampton, NH 03862

Pelham Police Department
14 Village Green
Pelham, NH 03074

Pembroke Police Department
247 Pembroke Street
Suncook, NH 03275

Plymouth Police Department
354 Main Street
Plymouth, NH 03264

Portsmouth Police Department
3 Jenkins Avenue
Portsmouth, NH 03801

Raymond Police Department
1 Scitbner Road
Raymond, NH 03077

Salem Police Department
9 Veterans Memorial Parkway
Salem, NH 03079

Sandown Police Department
314 Main Street
Sandown, NH 03873

Seabrook Police Department
7 Liberty Lane
Seabrook, NH 03874

Windham Police Department
4 Fellows Road
Windham, NH 03087

*There may be other NH police departments not on this list who have a drop box.